

Today's edition of #ThankfulThursday highlights Sienna's franchised owner of Sienna Jazzercise, Cathy Bleasdell!

Cathy is a native of Austin, but has been a 20 year resident of Sienna. She and her husband Don met while attending The University of Texas and they now have three children (Ali, Tyler & Emma). Cathy loves traveling. She says that her favorite destination she has ever visited is Ireland.

Cathy has now been an instructor and franchise owner for almost 25 years, with Jazzercise serving as her major form of exercise for 30. Her saying is, "I Jazzercise for Tex-Mex and wine!"

Cathy can be found offering instruction at the Brushy Lake Fitness Center almost any day of the week. She can be reached at 713-598-8565.

Cathy, we're so thankful to have you here as our instructor. We look forward to another 25 years of instruction!

[#ThankfulThursday](#)