

6 Week Training Program

- \$99/6 Weeks

Water Aerobics

- \$45/Month



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 5:00am – 6:00am 6 Week Training 8:00am – 9:00am 6 Week Training 9:30am – 10:30am Water Aerobics	2 5:00am – 6:00am 6 Week Training 8:00am – 9:00am 6 Week Training	3 9:30am – 10:30am Water Aerobics
4	5 5:00am – 6:00am 6 Week Training 8:00am – 9:00am 6 Week Training	6 5:00am – 6:00am 6 Week Training 8:00am – 9:00am 6 Week Training 9:30am – 10:30am Water Aerobics 7:00pm – 8:00pm Water Aerobics	7 5:00am – 6:00am 6 Week Training 8:00am – 9:00am 6 Week Training 7:00pm – 8:00pm Water Aerobics	8 5:00am – 6:00am 6 Week Training 8:00am – 9:00am 6 Week Training 9:30am – 10:30am Water Aerobics	9 5:00am – 6:00am 6 Week Training 8:00am – 9:00am 6 Week Training	10 9:30am – 10:30am Water Aerobics
11	12 5:00am – 6:00am 6 Week Training 8:00am – 9:00am 6 Week Training	13 5:00am – 6:00am 6 Week Training 8:00am – 9:00am 6 Week Training 9:30am – 10:30am Water Aerobics 7:00pm – 8:00pm Water Aerobics	14 5:00am – 6:00am 6 Week Training 8:00am – 9:00am 6 Week Training 7:00pm – 8:00pm Water Aerobics	15 5:00am – 6:00am 6 Week Training 8:00am – 9:00am 6 Week Training 9:30am – 10:30am Water Aerobics	16 5:00am – 6:00am 6 Week Training 8:00am – 9:00am 6 Week Training	17 9:30am – 10:30am Water Aerobics

<p>18</p> <p>5:00am – 6:00am 6 Week Training</p> <p>8:00am – 9:00am 6 Week Training</p>	<p>19</p> <p>5:00am – 6:00am 6 Week Training</p> <p>8:00am – 9:00am 6 Week Training</p> <p>9:30am – 10:30am Water Aerobics</p> <p>7:00pm – 8:00pm Water Aerobics</p>	<p>20</p> <p>5:00am – 6:00am 6 Week Training</p> <p>8:00am – 9:00am 6 Week Training</p> <p>9:30am – 10:30am Water Aerobics</p> <p>7:00pm – 8:00pm Water Aerobics</p>	<p>21</p> <p>5:00am – 6:00am 6 Week Training</p> <p>8:00am – 9:00am 6 Week Training</p> <p>7:00pm – 8:00pm Water Aerobics</p>	<p>22</p> <p>5:00am – 6:00am 6 Week Training</p> <p>8:00am – 9:00am 6 Week Training</p> <p>9:30am – 10:30am Water Aerobics</p>	<p>23</p> <p>5:00am – 6:00am 6 Week Training</p> <p>8:00am – 9:00am 6 Week Training</p>	<p>24</p> <p>9:30am – 10:30am Water Aerobics</p>
<p>25</p> <p>5:00am – 6:00am 6 Week Training</p> <p>8:00am – 9:00am 6 Week Training</p>	<p>26</p> <p>5:00am – 6:00am 6 Week Training</p> <p>8:00am – 9:00am 6 Week Training</p> <p>9:30am – 10:30am Water Aerobics</p> <p>7:00pm – 8:00pm Water Aerobics</p>	<p>27</p> <p>5:00am – 6:00am 6 Week Training</p> <p>8:00am – 9:00am 6 Week Training</p> <p>9:30am – 10:30am Water Aerobics</p> <p>7:00pm – 8:00pm Water Aerobics</p>	<p>28</p> <p>5:00am – 6:00am 6 Week Training</p> <p>8:00am – 9:00am 6 Week Training</p> <p>7:00pm – 8:00pm Water Aerobics</p>	<p>29</p> <p>5:00am – 6:00am 6 Week Training</p> <p>8:00am – 9:00am 6 Week Training</p> <p>9:30am – 10:30am Water Aerobics</p>	<p>30</p> <p>5:00am – 6:00am 6 Week Training</p> <p>8:00am – 9:00am 6 Week Training</p>	